



Deployment Resources for Military Service Members

Looking for detailed information on military leave policies or health care options while deployed? Need guidance on family support programs, employee rights and benefits? Before deploying, take a few minutes to review this list of the top online resources.

Deployment Support

VA for Vets Deployment Resources

Deployment guides, checklists, toolkits, training resources, fact sheets, coaches, key contacts and more.

AmeriForce Deployment Guides

Guidance on creating a family care plan, maintaining relationships, packing for deployment, managing finances and more.

Armed Forces Crossroads Pre-deployment Guide

Preparation checklists and advice on issues related to family separation and coordinating support for loved ones.

DoD Reserve Affairs Mobilization Guide

DoD policy documents, pay and allowances information, health care options, family support resources, financial assistance, demobilization information, and re-employment rights and assistance for students and small-business owners.

Military.com's Guard and Reserve Deployment: Guides and Resources

Tips on preparing financial and legal affairs, coping with family issues and securing benefits.

Family Support

Military OneSource

Branch-specific information for Military Service Members and their families, including special needs, child care, family and financial counseling, health coaching, education assistance and career planning.

National Resource Directory

Comprehensive directory of services and benefits information at the national, state and local levels for Military Service Members and their families.

Operation Homefront

Emergency financial and other assistance for the families of Military Service Members and wounded warriors.

Yellow Ribbon Program

Events for National Guard and Reservists and their families to learn about local resources available during and after deployment, including health care information, education/training opportunities, financial assistance and legal benefits.

National Military Family Association

Non-profit organization focused on ensuring military families understand and access their benefits, with guidance on health care, education, marriage, childcare, wounded warriors and more.



Employee Rights

Department of Labor Vets Pocket Guide to Uniformed Services Employment and Re-employment Rights Act (USERRA)

Plain-language reference guide that explains employee rights and obligations when reintegrating to the workplace.

USERRA Frequently Asked Questions

User-friendly guide to USERRA regulations as they apply to National Guard and Reserve members. Includes notification of deployment and re-employment, leave use and accrual, roles and responsibilities for employers and employees, and information on seeking assistance and filing complaints.

Leave

Guidance on the Return to Civilian Employment for Activated Military Members

Employee rights and responsibilities when seeking re-employment and additional leave prior to returning to the workplace.

Office of Personnel Management (OPM) Military Leave Fact Sheet

Overview of the different types of leave, leave accrual, and acceptable uses of leave for activating National Guard and Reserve members.

OPM Military Leave Frequently Asked Questions

Information about employee eligibility for additional leave, pay, and accrual and use of leave for activating National Guard and Reserve members.

Health and Wellness

eBenefits

Joint VA and DoD program supporting all benefits-related online tools and information for Veterans, Military Service Members and their families. A personalized workspace allows users to quickly access and download forms, apply for benefits, and view benefits status.

Frequently Asked Questions about Federal Employee Health Benefits (FEHB) Coverage for Federal Civilian Employees Called to Military Duty

Health coverage guidance for deploying Military Service Members on terminating medical insurance, premium payments, refunds and other issues.

Retirement Savings

Thrift Savings Plan (TSP): Before You Go On Active Duty

Fact sheets with frequently asked questions about contributions and loan repayments during deployment, with links to TSP forms.

What is "VA for Vets?"

VA for Vets is a comprehensive program designed to attract, retain and support Veteran employees at the Department of Veterans Affairs (VA). We are dedicated to helping Veterans find jobs that maximize their military skills, while offering them effective career management tools to develop professionally. Come see how *VA for Vets* is connecting Veterans to the information, resources and tools they need to succeed at VA.

